



# EPILEPSY & SEIZURES

TRAINING COURSES 2026



With almost **270,000** Australians living with **epilepsy**, Epilepsy Action Australia is at the forefront of training, education and support - equipping people with the necessary skills, knowledge and confidence.

Epilepsy Action Australia offers a wide range of courses, from introductory epilepsy and seizure first aid to more focused courses designed for specific audiences - including families, caregivers, and healthcare professionals.

Some courses can also be delivered by an epilepsy nurse via webinar or face to face (only available in some locations, speak to us for details).

## Training Courses



### Epilepsy Essentials

Our best-seller! This short course is designed for those wanting to learn more about epilepsy.

Suitable for everyone.

The course includes:

- Epilepsy Facts
- Types of seizures
- Living with epilepsy
- Seizure safety and first aid



### Living with Epilepsy and Disability

*(online only)*

Gain valuable knowledge about living with epilepsy and intellectual disability.

The course includes:

- The link between epilepsy and intellectual disability
- Recognising seizure activity
- Seizures and quality of life
- Supporting the individual



### Emergency Medication: Midazolam

This course is for persons who may need to administer emergency medication outside the hospital setting.

The course includes:

- Seizures and seizure emergencies
- Emergency medication management plans
- Emergency medications
- Medication administration
- Contingencies



### Epilepsy: Minimising the Risk

*(online only)*

Learn about seizure related risks and how to reduce risks in different environments.

This course is perfect for anyone in the disability sector and uses many video examples.

This course does not cover seizure first aid.

The course includes:

- Risk management
- Managing people and their responses



### Observing and Recording Seizures

*(online only)*

Learn what to look for and document when managing seizures. Perfect for healthcare and support workers who want to sharpen up their skills.

This course has been highly commended by disability support organisations for the interactive and engaging activities to practice the challenging area of effective documentation.

The course includes:

- Importance of observation
- Recording seizures accurately
- Case studies and activities

This course offers scenario based online learning with an online practical assessment. Epilepsy Essentials must be completed in the last 2 years, and it is recommended to have a current first aid or CPR certificate.

Epilepsy Action Australia provides certification for successful completion of the course. It is the employers responsibility to ensure the employee meets internal requirements and follows workplace process and policy for medication administration.

### REFRESHER Emergency Medication: Midazolam

Already completed our Emergency Medication course? No need to start from scratch. Our Refresher Course adapts to your learning needs:

- Take a quick pre-topic test, pass with 100% and skip ahead
- Focus only on areas where you need a refresh
- Final assessment covers all topics in the original course so you're fully competent.

## Self-Paced Online Training





COURSE	DURATION	COST
 Epilepsy Essentials	30-45mins online	\$75pp or \$55pp for 8+ enrolments
 Emergency Medication: Midazolam/Refresher	1-1.5 hours online	\$80pp or \$55pp for 8+ enrolments
 Epilepsy Essentials and Emergency Medication: Midazolam/Refresher	Combines our two most popular courses (2-3 hours online)	\$140pp or \$100 for 8+ enrolments
 Living with Epilepsy and Disability	30-45mins online	\$50pp or \$40pp for 8+ enrolments
 Epilepsy: Minimising the Risks	30-45mins online	\$50pp or \$40pp for 8+ enrolments
 Observing and Recording Seizures	30-45mins online	\$50pp or \$40pp for 8+ enrolments
 Supporting People with Epilepsy and Intellectual Disability	Bundles: Living with Epilepsy and Disability, Minimising the Risks and Observing and Recording Seizures (1.5-2 hours)	\$130pp or \$100pp for 8+ enrolments

Combine and save

Epilepsy Action Australia also offers **accredited training courses for health care professionals** and courses at **no cost for children and for First Nations people:**

[READ MORE](#)

## Facilitator Led Training

COURSE	DURATION	COST
 Epilepsy Essentials	1 hour	\$90pp
 Emergency Medication: Theory and Practical	2.5 hours	\$125pp
 Epilepsy Essentials and Emergency Medication including practical assessment	3.5 hours	\$195pp
 Q&A with a registered nurse (must have completed Epilepsy Essentials and/ or Emergency Medication online first)	1 hour	\$220 per hour (maximum 8 participants)

Facilitator led training is delivered via **two-way video conference**. Minimum 8 people for all courses and max 12 people for Emergency Medication.

**Face to face training** is offered in some locations. Please contact us on **1300 37 45 37** or [education@epilepsy.org.au](mailto:education@epilepsy.org.au) to discuss options for your area.

Refer here for terms and conditions:

[READ T&CS](#)