

FIRST AID FOR SEIZURES

TONIC CLONIC SEIZURE

Person in a Wheelchair

Convulsive seizures where the body stiffens (tonic phase) followed by rhythmic muscle jerking (clonic phase).



DO

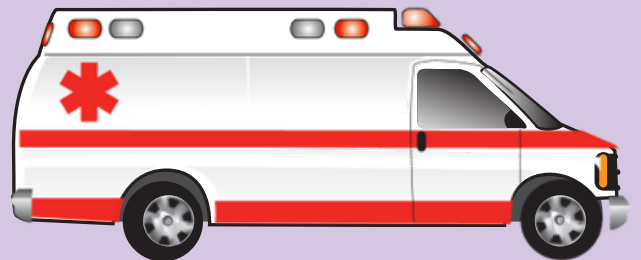
- ✓ Stay with the person
- ✓ Time the seizure
- ✓ Apply the wheelchair brakes
- ✓ Leave person in chair with seatbelt on
- ✓ Recline backrest only - do not tip wheelchair
- ✓ Lean person slightly to one side to aid drainage of any food/fluid/vomit in mouth if needed
- ✓ Support head and protect airway as required
- ✓ After the jerking stops carefully remove person from chair and place in recovery position if necessary
- ✓ Observe and gently reassure until recovered

DO NOT

- ✗ Put anything in the person's mouth
- ✗ Restrain the person
- ✗ Lift wheels from ground

CALL 000 FOR AN AMBULANCE IF:

- You are in any doubt
- Injury has occurred
- There is food/fluid/vomit in mouth
- Seizure occurs in water
- Person has breathing difficulties after jerking stops
- Another seizure quickly follows
- Seizure lasts longer than 5 mins
- The person is non-responsive for more than 5 mins after the seizure ends



This is not medical advice nor an exhaustive list of responses to seizures. This is a guide to help you consider your response to seizures. If you are in any doubt about what to do, do not hesitate to call an ambulance.



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