

Training Courses

Understanding Epilepsy & Managing Seizures



Epilepsy
Action
Australia

With over 250,000 people living with epilepsy in Australia, Epilepsy Action Australia is leading the way in ensuring those affected have the skills and knowledge to live the very best life possible.

Although epilepsy affects people of all ages, many are children and teenagers, so we strive to give parents, teachers and service providers the resources and information they need to support their specific needs.

As the only national organisation supporting people with epilepsy, we focus on improving self-management skills, increasing public awareness, and are at the forefront of partnering and funding research into interventions and treatment.

Our comprehensive range of services offers support across all aspects of epilepsy, including seizure management and psychological wellbeing, and focuses on providing the skills and tools necessary to self-manage the condition.



EPILEPSY ESSENTIALS

This training course forms the basis of all our training. It includes information about epilepsy, common seizure types, seizure triggers, seizure risks, first aid and management strategies plus the impact of epilepsy. The training session runs for 1 hour, but can be extended as necessary to include more discussion time around particular areas of epilepsy management or consultation time about specific client needs.

From this training you will:

- Learn about epilepsy as a condition and about seizure diversity
- Be able to identify some common seizure types
- Learn first aid procedures for seizures
- Learn about common triggers for seizures
- Learn how to observe and record seizures
- Learn about safety issues for people living with epilepsy



EMERGENCY MEDICATIONS

This training discusses seizure emergencies and how they are managed outside the hospital setting. This includes details about different seizure emergencies, seizure management plans and medications administered. It also covers possible contingencies encountered. Training takes approximately 2.5 hours to complete. To participate in this session nominated participants need to have completed the Epilepsy Essentials session (within 12 months) and hold a current first aid certificate or CPR competency.

From this training you will:

- Learn what to do in the event of a seizure emergency
- Learn why the drugs are used
- Learn how to administer the drugs (Midazolam, Diazepam and others) with a simulated practical session
- Be trained by a registered nurse with epilepsy training

Face-to-Face training on your Premises

(Minimum of 10 participants per individual course, minimum and maximum of 10 participants for combined training courses)

Epilepsy Essentials	1 hour face-to-face training	\$90 per person
Epilepsy Essentials with Q&A Session	1 hour face-to-face training + additional question time	Let us know if you would like an additional 30 or 60 minutes and we will provide a personalised quote
Emergency Medications	2.5 hour face-to-face training including practical assessment	\$125 per person
Epilepsy Essentials + Emergency Medications	3.5 hour face-to-face training including practical assessment	\$200 per person



Self-paced Online Training

Epilepsy Essentials	30-45mins online training	\$70 per person
Emergency Medications (Midazolam or Diazepam)	3 hours online training including a practical assessment to be submitted via video recording	\$110 per person



Online Trainer-led Courses

Delivered by a two-way video conference (Minimum of 8 and maximum of 10 participants)

Epilepsy Essentials	1 hour webinar training	\$85 per person
Epilepsy Essentials with Q&A Session	1 hour webinar training + additional question time	Let us know if you would like an additional 30 or 60 minutes and we will provide a personalised quote
Emergency Medications	2.5 hour webinar training including practical assessment	\$120 per person
Epilepsy Essentials + Emergency Medications	3.5 hour webinar training including practical assessment	\$190 per person

Please note, discounts may apply for large groups or multiple bookings. Our friendly customer service team are happy to help you find the best option to meet your personal or organisation's educational needs.

Terms and conditions: <https://learn.epilepsy.org.au/w/termsandconditions/>

We offer a number of other online courses for specific audiences. Visit <https://www.epilepsy.org.au/education-training/> to find out more.