

There are many online support groups and forums for people with epilepsy and their families. These are a select few:

URL	Information
Epilepsy Action and Friends https://www.facebook.com/groups/epilepsyactionandfriends	A community of people aged over 24 who have/had epilepsy. This is a place to share experiences, meet others with epilepsy and gain practical advice to feel supported living with epilepsy.
Epilepsy Action U24s Epilepsy Support group To join this group contact 1300 37 45 37 or email epilepsy@epilepsy.org.au for approval	A closed group for people aged between 16–24 years. This page is a safe space for young adults with epilepsy to connect & keep in touch, share stories & provide support to one another..
EAA Epilepsy in Memoriam https://www.facebook.com/epilepsyinmemoriam	Dedicated to people who have lost their lives due to epilepsy, & to family & friends who need to find the comfort & support. This is a group for those who have lost someone due to epilepsy
Australian Women with Epilepsy https://www.facebook.com/groups/AustralianWomenwithEpilepsy	An online support group for women living with epilepsy to speak openly about what they are going through, with people that understand their story.
Forum4e https://forum.epilepsy.org.uk/	An online community for people with epilepsy & carers of people with epilepsy over the age of 16. You can read other people's ideas & thoughts, ask & answer questions, chat, blog about your condition & how it affects you.
My Epilepsy Team https://www.myepilepsyteam.com/	A social network for people living with epilepsy. You can get peer support & connect with others to share daily ups & downs in a judgement-free place.
Patients Like Me https://www.patientslikeme.com/conditions/epilepsy	Make helpful connections, learn, and be part of a safe community. Ask questions that matter to you – & get crowd-sourced answers that help you move forward.
Siblings Australia http://siblingsaustralia.org.au/siblings/connect-withother-siblings	Siblings Australia has several ways to connect with other siblings, both online & face to face:

