

There are many online support groups and forums for people with epilepsy and their families. These are a select few EAA recommends.

URL	Blurb
<p>EAA Epilepsy in Memoriam https://www.facebook.com/epilepsyinmemoriam</p>	<p>Epilepsy Action Australia has dedicated this FB page to people who have lost their lives due to epilepsy, and, to their family and friends who need to find the comfort and strength to keep living. This is a group for those who have lost someone due to epilepsy.</p>
<p>EAA Oz-E-Youth Facebook Group</p>	<p>A closed group for people aged between 16-24 years. This page was created as a safe space for young adults with epilepsy to connect and keep in touch, share pictures and stories and provide support to one another. To join this group the person needs to contact 1300 37 45 37 or email epilepsy@epilepsy.org.au for approval.</p>
<p>Forum4e https://forum.epilepsy.org.uk/</p>	<p>Is an online community for people with epilepsy and carers of people with epilepsy over the age of 16 to talk about the condition. You can read other people's ideas and thoughts, ask questions and answer other people's questions, go into the chat room and chat with other members, blog about your condition and how it affects you.</p>
<p>My Epilepsy Team https://www.myepilepsyteam.com/</p>	<p>MyEpilepsyTeam is a social network for people living with epilepsy. They offer emotional support through peers and you gain practical advice and insights on managing treatment or therapies for epilepsy. They provide a connection with others and share daily ups and downs in a judgement-free place.</p>
<p>Siblings Australia http://siblingsaustralia.org.au/siblings/connect-with-other-siblings/</p>	<p>Siblings Australia has set up several ways to connect with other siblings, both online and face to face:</p> <ul style="list-style-type: none"> • SibChat on Facebook - a closed group for adult siblings, which provides general support from other siblings. • SibChat discussion forum - an online discussion board where sibs can ask questions or respond to specific topics. • Face to face peer support groups - at this stage there are groups running in Brisbane, Sydney, Melbourne, Adelaide and Perth.