

**If you are considering a safety device such as a monitor or alarms, it is really important to have considered the different options carefully.**

**These questions are a starting point to help you in your research of the various safety devices and products on offer:**

- Which seizure type or types has this device been designed to detect?
- Is this safety device suitable for my type of epilepsy?
- How many or what percentage of seizures is this monitor likely to detect?
- How often does this monitor give out a false alarm?
- Will this product or device get in the way of my day to day living?
- What is the initial cost of the product or device?
- Are there any ongoing or annual costs associated with the product or device you are considering?
- What are the limitations of the particular products or devices you are considering?
- Has the product or device you are considering been certified as medical device? If not carefully check the claims being made about the device or product.
- What are the potential issues I may experience with this monitor ?
- Can the product or device be returned for a full refund if it does not meet the monitoring or safety needs of the person with epilepsy?