

# FIRST AID FOR SEIZURES

## TONIC CLONIC SEIZURE

## Person in Tilt-in-Space Wheelchair

Convulsive seizures where the body stiffens (tonic phase) followed by general muscle jerking (clonic phase).



### DO

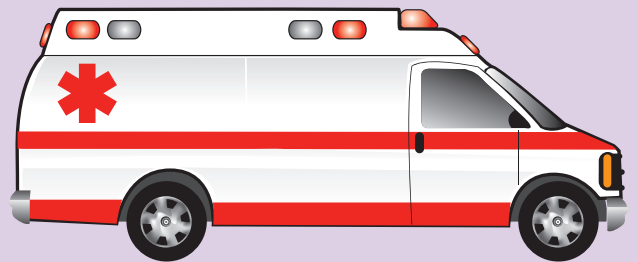
- ✓ Stay with the person
- ✓ Time seizure
- ✓ Apply brakes
- ✓ Leave person in chair with seatbelt on
- ✓ Tilt seat and lock in position
- ✓ Lean person slightly to one side to aid drainage of any food/fluid/vomit in mouth as required
- ✓ Support head and protect airway as required
- ✓ After the jerking stops carefully remove person from chair and place in recovery position as required
- ✓ Observe and reassure until recovered

### DO NOT

- ✗ Put anything in the person's mouth
- ✗ Restrain the person
- ✗ Lift wheels from ground

## CALL 000 FOR AN AMBULANCE IF:

- You are in any doubt
- Injury has occurred
- There is food/fluid/vomit in mouth
- Seizure occurs in water
- Person has breathing difficulties after jerking stops
- Another seizure quickly follows
- Seizure lasts longer than 5 mins
- The person is non-responsive for more than 5 mins after the seizure ends



This is not medical advice nor an exhaustive list of responses to seizures. This is a guide to help you consider your response to seizures. If you are in any doubt about what to do, do not hesitate to call an ambulance.



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life changing impact