



EPILEPSY ACTION
A U S T R A L I A
ONLINE ACADEMY

Epilepsy Aware 3-6



Audience:

Children from 8-12 years of age in Grades 3 to 6. . The course complements the PDHPE curriculum in each Australian state and territory.

Delivery Method:

Online self paced, with the ability to print activities for use in class.

Duration:

This is a self paced course designed to be utilised in the classroom setting with some teacher guidance.

Cost:

Free

Overview:

Epilepsy Action Australia's courses for schools are designed as simple and fun activity-based programs to provide basic, practical information about the brain, seizures and epilepsy – and how to manage a seizure when it happens. Consequently children should understand enough to know what to do and lessen any fear or confusion around seizures.

This course supports outcomes in key areas of the PDHPE curriculum in each Australian state and territory in relation to:

- Positive health practices
- Positive health choices promoting wellbeing.
- Making choices about healthy lifestyle.
- Steps to follow in an emergency situation.

Epilepsy and seizures are medical conditions that affect the brain. In this course students will find out how the brain works and what happens to the brain when a person has seizures. they will learn all about the different types of seizures, how they can happen, and what it's like to live with epilepsy. They will also find out what to do if they ever see someone have a seizure.

There are lots of fun activities for kids to try and links to useful resources and activities for teachers to use in the classroom both online and offline.

For more information please contact us:

academy@epilepsy.org.au

To enrol please go to:

www.epilepsy.org.au/online-academy





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Learning Outcomes: Upon completion of the course, children will be able to:

- Explain the importance of the brain.
- Recognise that some people have epilepsy.
- Describe what epilepsy and a seizure is in basic terms.
- Understand that they cannot catch seizures or epilepsy from other people.
- Describe what they should do if they see someone having a seizure.
- Recognise that people with epilepsy are just like everyone else.

Topics: This course addresses the following topics:

1. The Brain
2. Seizures and Epilepsy
3. Seizure Safety and First Aid

Resource Requirements: Each course offered through the Epilepsy Action Online Academy provides participants with information regarding assessment topics, due dates, policy information and contact details for Course Convenors. Materials within each course clearly outline each topic, readings, activities and format of each assessment.

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