



Insert your trade secrets here...

Got a foolproof way to remember your doctor's appointments?
Tasty recipes for people on the ketogenic diet?

Share your helpful hints for living with epilepsy, questions and views in our new mailbag section. Please send letters and ideas with your name and address to epilepsy@epilepsy.org.au or post to *Epilepsy360°*, GPO Box 9878, IN YOUR CAPITAL CITY. Contributions may be edited for clarity or space.



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